



Nicky Judd
SO:Linked Programme
Manager
Southampton Voluntary
Services

www.solinked.org.uk
023 8021 6050
soccg.solinked@nhs.net

Twitter: @S0linked
Facebook: solinked.svs
Instagram: solinked

Community Navigation – linking carers to the available support, activities, information and guidance.

- **Accessible**
- **Trusted**
- **Sustainable – (SO:Linked information directory)**

Community Development: Supporting communities and organisations to provide these services for people

- **Knowing what's there**
- **Supporting existing services (resourcing during covid)**
- **Identifying gaps and supporting new services (DFS)**
- **Community action (SO:Links – local solutions groups)**

Identifying barriers

- **Accessibility**
- **Cost**
- **Digital inclusion – SO:Let's Connect**

Southampton Dementia Navigators



SO:Linked

Supporting Southampton People & Communities

Working in
Partnership



Best Practice and Gaps

What we do

What's missing

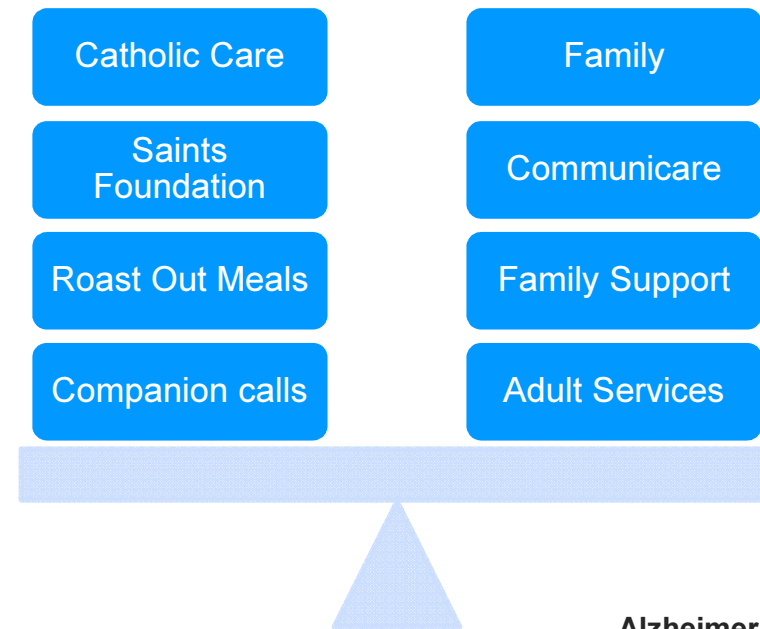
Preventing Safeguarding

Dementia Communities



What we do

One example of a case support plan for a carer of a person who lives with dementia



Alzheimer's Society

If the person you care for has a diagnosis

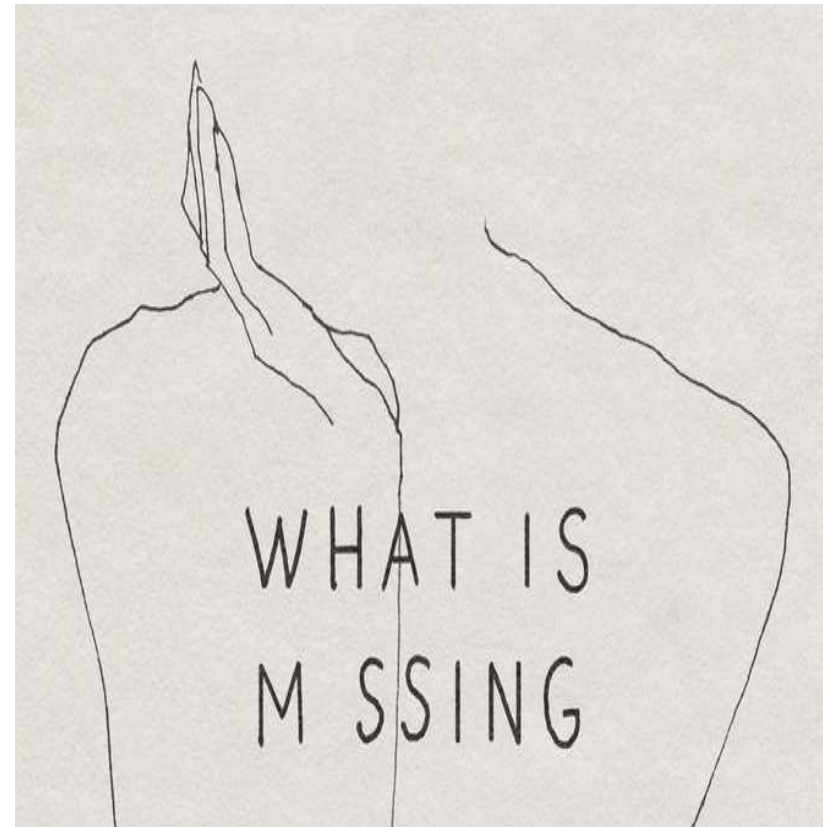
You are fortunate

- You will be referred to an organisation who is able to navigate the changing support landscape for carers and help
- We know that traditional support has changed
- If you are a carer of a person who doesn't have a diagnosed condition how do **you know** what support is available in Southampton?



What is missing?

- Respite Care
- Continuity of care
- Tailored care
- 'Rapid Response'
- Priority access to services
- Opportunities to talk to other carers
- Advertising of existing support
- Sitting service for medical appointments and transport



Safeguarding

- Increase in carers being referred to Safeguarding
- They feel they have no one to turn to



Dementia Communities



- Opportunity to grasp the COVID community spirit
- Early support from the community was phenomenal
- How are you planning to tap into this volunteering opportunity, can your teams who work for Southampton City lead by example?
- Potentially look at the Dementia Communities template as a model that could be replicated for all things aged? Well Being Support Communities?

